

Great Mates

developing friendship skills

for primary school



Values for Life Incursions

Values for Life is an educational program that provides student incursion workshops and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.



Incursion Details

- * Sessions are interactive and involve a variety of games, stories, discussion and multi-media to engage and educate
- * Offering a range of options – from a single session to several sessions for the same or different groups
- * Single sessions are between 60 and 90 minutes (depending upon year level)
- * Follow-up lesson plans and resources for teachers are included
- * Parent sessions are also offered on several topics
- * Costs are calculated on the number of sessions and location. Call or email us for a quick quote.



E: info@valuesforlife.org.au

W: www.valuesforlife.org.au

Learning Focus

The **Great Mates** incursion explores the importance of having a healthy community and, more specifically, friendships that contribute to this. This incursion equips students to be confident with who they are and provides tools to initiate, create and maintain good friendships that are caring, empathic and trusting. Through a variety of **interactive activities, games, discussion, stories, multi-media, and video** we discuss what makes a good friendship and practical ways in which students can implement these skills in their school and everyday life.

The **Great Mates** incursion is recommended for all primary students from lower to upper primary – adapted to suit the age level of the students. In addition to the student incursion, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified to extend the learning outcomes in the classroom over several weeks.

Key concepts covered in the session:

- Explores what friendship is and what creates a healthy friendship
- Focus upon communication, empathy and trust
- The difference between positive and toxic friendships
- The impact of our words and actions on others and ourselves
- Skills that enable good decision-making and conflict-resolution
- The promotion of empathy and the support we can give to others
- The importance of building trust and how we can achieve this
- How students play an important role in creating a school culture that values inclusion and belonging
- The power of encouragement and how we can have a positive influence on others

Essential Learning Standards

Values for Life Incursions present an interactive and engaging student learning program that intertwines elements of all three strands of the curriculum, the key focus is on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development)
- **Listening, viewing and responding** (Communication)

The table below shows those dimensions addressed and the degree of emphasis provided:

Strand	Domain	Dimension	Included	Major Focus	Teacher Manual
Physical, Personal & Social Learning	Health & PE	* Movement & physical activity	X		
		* Health knowledge & promotion		X	X
	Interpersonal Development	* Building social relationships		X	X
		* Working in teams		X	X
Personal Learning	Personal Learning	* The individual learner		X	X
		* Managing Personal learning		X	X
Civics & Citizenship	Civics & Citizenship	* Civics knowledge and understanding		X	X
		* Community engagement		X	X
Discipline-based Learning	The Arts, English, Humanities, LOTE, Maths & Science	* Knowledge, understanding & skills gained through the domains	X		X
Interdisciplinary Learning	Communication	* Listening, viewing & responding		X	X
		* Presenting		X	X
Thinking Processes	Thinking Processes	* Reasoning, processing & inquiry		X	X
		* Creativity, reflection & metacognition		X	X